# Osteoporosis Screening in Older Women (OSW)

Healthcare Effectiveness Data Information Set® (HEDIS) is a widely used set of performance measures developed and maintained by NCQA. These are used to drive improvement efforts surrounding best practices.

This HEDIS measure looks at the percentage of women 65 to 75 years of age who received osteoporosis screening.

## **Record Your Efforts**

One or more osteoporosis screening tests on or between the member's 65th birthday and December 31 of the measurement year

### **Exclusions:**

- Members who had a claim/encounter for osteoporosis therapy any time in the member's history through December 31 of the year prior to the measurement year
- Members who had a dispensed prescription to treat osteoporosis any time on or between January 1 three years prior to the measurement year through December 31 of the year prior to the measurement year
- Members who use hospice or elect to use hospice benefit any time during the measurement year
- Members who died any time during the measurement year
- Members who received palliative care any time during the intake period through the end of the measurement year
- Members who had an encounter for palliative care any time during the intake period through the end of the measurement year

 Members 66 years of age and older as of December 31 of the measurement year with frailty and advanced illness. Members must meet both frailty and advanced illness criteria to be excluded:

## - Frailty:

- At least two indications of frailty with different dates of service during the measurement year
- Do not include laboratory claims (claims with POS code 81).

#### - Advanced Illness:

- Any of the following during the measurement year or the year prior to the measurement year:
- Advanced illness (reference the Advanced Illness Value Set) on at least two different dates of service. Do not include laboratory claims (claims with POS code 81).
- Dispensed dementia medication (reference the Dementia Medications List)

1



## **Helpful Tips:**

- Increase communication with patients about their fracture risk.
- Encourage patients to quit smoking.
- Discuss the importance of taking medications as prescribed.
- Encourage patients to eat a nutritious diet rich in calcium and vitamin D to help maintain good bone health.
- If using an EMR system, consider electronic data sharing with your health plan to capture all coded elements.
  Contact your provider contract or health plan contact for reimbursement information.

| Description                          | CPT®/HCPCS                                    |
|--------------------------------------|---|
| Long-Acting Osteoporosis Medications | HCPCS:  |
|                                      | J0897: Injection, denosumab, 1 mg             |
|                                      | J1740: Injection, ibandronate sodium, 1 mg    |
|                                      | J3489: Injection, zoledronic acid, 1 mg       |
| Osteoporosis Medication Therapy      | HCPCS:  |
|                                      | J0897: Injection, denosumab, 1 mg             |
|                                      | J1740: Injection, ibandronate sodium, 1 mg    |
|                                      | J3110: Injection, teriparatide, 10 mcg        |
|                                      | J3111: Injection, romosozumab-aqqg, 1 mg      |
|                                      | J3489: Injection, zoledronic acid, 1 mg       |
| Osteoporosis Screening Tests         | <b>CPT:</b> 76977, 77078, 77080, 77081, 77085 |

**Note:** The codes listed are informational only; this information does not guarantee reimbursement. If applicable, refer to your provider contract or health plan contact for reimbursement information. For a complete list of CPT codes, go to the American Medical Association website at **ama-assn.org**.

## https://www.bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

®, SM are marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield plans. All other marks and names are property of their respective owners. Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross Blue Shield Association.